



## SOCIAL MEDIA TOOLKIT

*Space: The Longest Goodbye* premieres on *Independent Lens* May 6. Watch on the PBS App starting at 10/9c.

NASA psychologists prepare astronauts for the extreme isolation of a three-year-long mission to Mars.

Site: [pbs.org/longestgoodbye](https://pbs.org/longestgoodbye)

Hashtag: #LongestGoodbyePBS

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Meet the psychologists whose job is to keep astronauts mentally stable in outer space as they prepare for a three-year trip to Mars.

Watch @IndependentLens' #LongestGoodbyePBS on the PBS App starting May 6.

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No real-time communication. Extreme isolation. Missing life moments and family.

These are just a few of the many things that psychologists work to prepare astronauts for as they gear up for a three-year trip to Mars.

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NASA wants to send astronauts on a three-year journey to Mars. They know what it will take technically from the most advanced rockets. But do we know what it'll take mentally from our leading astronauts?

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